



Home Made Granola -

Served 8am - 3pm Monday - Fri, 8am - 4pm Sat and 8.30am - 3pm on Sunday

Greek yoghurt, with compote or blossom honey	10.23
Organic Porridge Oats - with compote or blossom honey	£6.25
Green Owl Breakfast - sausage/grilled bacon/mushrooms/tomato/eggs/beans/toast. Additional meat item £1.25; non meat 90p	£8.95

Smoked salmon with scrambled/poached eggs - £8.95 Toast - white/brown/sour dough

Eggs Florentine - £7.95 spinach, poached eggs and hollandaise sauce served on a toasted English muffin

Eggs Benedict - £8.50 bacon, poached eggs and hollandaise sauce served on a toasted

Eggs Royale - £8.95 smoked salmon, poached eggs and hollandaise sauce served on a

toasted English muffin

English muffin

Please see blackboard and counter for daily specials!



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	Poached, fried or scrambled eggs - served on toast - white/brown/sour dough	£6.25
•	Butty - Cumberland sausage or bacon	£5.50
)	American style pancakes - sliced strawberries and banana	£7.50
	Challah French toast - sliced strawberries and banana	£7.50
	Mashed avocado - served on toasted sour dough with roasted tomato and salad garnish with house dressing — (add a poached egg for 90p)	£8.50
	Jacket potato or Baked sweet potato - salad garnish with house dressing and choice of fillings: tuna mayo, baked beans, cheddar, coleslaw	£7.50
	Three egg omelette – salad garnish with house dressing and choice of fillings: Cheddar, mushrooms, spinach, ham, tomato, onion, feta	£7.50
	Salt beef sandwich - on rye bread with pickled cucumber (on the side) and salad garnish with house dressing	£8.95



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	Steak sandwich - minute steak served on toasted ciabatta, with red onion jam and salad garnish with house dressing	£8.95
	Club sandwich - toasted bread filled with chargrilled chicken, bacon, lettuce, tomato and mayonnaise, salad garnish with house dressing	£8.95
	Homemade fish finger sandwich - iceberg lettuce, tartar sauce (on the side), on a seeded freshly baked bun, salad garnish with house dressing	£8.95
	Breaded Chicken sandwich - iceberg lettuce, basil and lemon mayo (on the side) on a seeded freshly baked bun, salad garnish with house dressing	£8.95
	Green Owl Burger - homemade, using prime beef in toasted sesame bun with lettuce and tomato, served with hand cut chips. Add cheese 90p; add bacon £1.25	£9.95
	Toastie - with choice of fillings (tuna mayo, cheddar, ham, tomato, onion)	£5.95
	BLT -	£6.50

Bacon, lettuce, tomato and mayo on a seeded freshly baked bun

Please ask us about catering for your private functions or your parties at home, in the office or at the Green Owl.





Hot toasted sandwiches -	£6.95
see counter for today's selection	

Salads - £7.95 see counter for today's selection

Side dishes -

Hand cut chips -	£2.95	Deli style Coleslaw -	£2.95
Café preserves -	95p	Toast/Bread -	£2.50
Smoked salmon -	£4.95	Avocado -	£2.50
Swoot Potato China	£2 05		

Little Owlets menu - (up to age 12)

Fish fingers, chips and peas	£5.95
Sausage, chips and beans	£5.95
Baked beans on toast (1 slice)	£2.50
Baked beans on toast (2 slices)	£4.95
Chicken nuggets, chips and peas	£5.95
Pancake with sliced strawberries and banana	£4.25







Green Owl Cream Tea

Enjoy our Green Owl Cream Tea (any time of day) -

£5.95

Home made all-butter scones served with clotted cream and choice of jam

or Home-made toasted tea cake with butter and a choice of jam or marmalade

Choice of tea or coffee

Nut allergies – please be aware that some of our meals contain nuts or nut extracts. If you are allergic, we recommend you keep clear of any foods you know or consider may contain nuts or nut extracts.



GREEN OWL CAFÉ & DELI



Drinks' Menu

A large selection of speciality drinks available in open fridge

Freshly squeezed fruit & vegetable juices -

orange, apple, carrot, ginger £3.95

Smoothies - £3.95

Pash 'n' Shoot – (passion fruit, pineapple, mango)

Ginger Ninja – (carrot, kiwi, ginger)

Blueberry Thrill – (blueberry, raspberry, banana)

Kale Kick – (kale, Spinach, mango)

Milk shakes - strawberry, chocolate, vanilla, banana, oreo, £3.95

mint choc chip

Bottled beers -

San Miguel £3.75 Nastro Azzurro £3.75

House wine (175ml), by the glass - £4.95

white, rose, red, prosecco

Iced Coffee - £3.75

Please see blackboard for seasonal special drinks



GREEN OWL



(vanilla, caramel, hazelnut)

Hot Drinks

cappuccino -	£2.85	latte -	£2.85
mocha -	£2.85	flat white -	£2.85
Americano -	£2.50	macchiato -	£2.25
double macchiato -	£2.50	espresso -	£1.95
double espresso -	£2.25	hot chocolate -	£2.95
marshmallows -	35p	whipped cream -	35p
soya or almond milk -	50p		
Coffee syrups -	85p		

Fresh Mint, Lemon, Ginger - with hot water - £2.50

Tea Leaf Infusions – all our teas are served in a pot - £2.50

English Breakfast, White Pear and Ginger, Sapphire Earl Grey, Egyptian Mint, Dragonwell Green, Organic Jasmine, Citrus Chamomile, Persian Pomegranate, Decaff English Breakfast, Redbush.

Gelato

1 scoop served in small cup or cone	£2.25
2 scoops served in large cup or cone	£3.75
additional scoops	£1.50

