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$\left \right $	All Day Menu – Served 8am - 3pm Monday – Fri, 8am - 4pm Sat and 8.30am - 3pm on Sunday	
6	Home Made Granola - Natural Greek Yoghurt, with fresh berries or blossom honey	£6.25
3	Organic Porridge Oats - with nuts & seeds or fresh berries or blossom honey	£6.25
1	Toast - with preserves/peanut butter/marmite/nutella	£3.45
	Green Owl Breakfast - sausage/grilled bacon/mushrooms/tomato/eggs/beans/toast. Additional meat item £1.25; non meat 90p	£8.95
	Smoked salmon with scrambled/poached eggs - Toast - white/brown/sour dough	£8.95
	Eggs Florentine - spinach, poached eggs and hollandaise sauce served on a toasted English muffin	£7.95
	Eggs Benedict - bacon, poached eggs and hollandaise sauce served on a toasted English muffin	£8.50
	Please see blackboard and counter for daily specials!	۷L

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\mathcal{D}	Eggs Royale - smoked salmon, poached eggs and hollandaise sauce served on a toasted English muffin	£8.95
	Poached, fried or scrambled eggs - served on toast - white/brown/sour dough	£6.25
N	Butty - Cumberland sausage or bacon	£5.50
Ý	American style pancakes - with fresh berries	£7.50
D_{\parallel}	Challah French Toast - with fresh berries	£7.50
	Mashed avocado - served on toasted sour dough with roasted tomato and salad garnish with house dressing – (add a poached egg for 90p)	£8.50)
	Jacket potato - salad garnish with house dressing and choice of fillings: tuna mayo, baked beans, cheddar, coleslaw	£7.50
	Three egg omelette – salad garnish with house dressing and choice of fillings: Cheddar, mushrooms, spinach, ham, tomato, onion, feta	£7.50
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f8.95 Club sandwich toasted bread filled with chargrilled chicken, bacon, lettuce, tomato and mayonnaise, salad garnish with house dressing £8.95 Homemade fish finger sandwich iceberg lettuce, tartar sauce (on the side), on a seeded freshly baked bun, salad garnish with house dressing £8.95 **Breaded Chicken sandwich** iceberg lettuce, basil and lemon mayo (on the side) on a seeded freshly baked bun, salad garnish with house dressing f8.95 Green Owl Burger homemade, using prime beef in toasted sesame bun with lettuce and tomato, salad garnish with house dressing. Add cheese 90p; add bacon £1.25 f5.95 Toastie with choice of fillings (tuna mayo, cheddar, ham, tomato, onion) £6.50 BLT -Bacon, lettuce, tomato and mayo on a seeded freshly baked bun

Please ask us about catering for your private functions or your parties at home, in the office or at the Green Owl.



Hot toasted sandwiches see counter for today's selection

£7.95

£6.95

Salads - see counter for today's selection

Side dishes -

Hand cut chips -	£2.95
Café preserves -	95p
Smoked salmon -	£4.95
Sweet Potato Chips -	£2.95

Deli style Coleslaw	- £2.95
Toast/Bread -	£2.50
Avocado -	£2.50

Little Owlets menu - (up to age 12)

Fish fingers, chips and peas	£5.95
Sausage, chips and beans	£5.95
Baked beans on toast (1 slice)	£2.50
Baked beans on toast (2 slices)	£4.95
Chicken nuggets, chips and peas	£5.95
Pancake with fresh berries	£4.25





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Green Owl Cream Tea

Enjoy our Green Owl Cream Tea (any time of day) -

Home made all-butter scones served with clotted cream and choice of jam

or Home-made toasted tea cake with butter and a choice of jam or marmalade

Choice of tea or coffee

Nut allergies – please be aware that some of our meals contain nuts or nut extracts. If you are allergic, we recommend you keep clear of any foods you know or consider may contain nuts or nut extracts. £5.95

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\mathcal{G}	Drinks' Menu	
//	A large selection of speciality drinks available in open fridge	
Q	Freshly squeezed fruit & vegetable juices - orange, apple, carrot, ginger	£3.95
う ひ:	Smoothies - Pash 'n' Shoot – (passion fruit, pineapple, mango) Ginger Ninja – (carrot, kiwi, ginger) Blueberry Thrill – (blueberry, raspberry, banana) Kale Kick – (kale, Spinach, mango)	£3.95
	Milk shakes - strawberry, chocolate, vanilla, banana, oreo, mint choc chip	£3.95
	Bottled beers - San Miguel Nastro Azzurro	£3.75 £3.75
	House wine (187ml bottle) white, rose, red	£4.95
	Prosecco - Da Luca (200ml bottle)	£5.95
	Please see blackboard for seasonal special drinks	/L

Iced Coffee -

£3.75

Hot Drinks

cappuccino -	£2.85	
mocha -	£2.85	
Americano -	£2.50	
double macchiato -	£2.50	
double espresso -	£2.25	
marshmallows -	35p	
soya or almond milk -	50p	
Coffee syrups -	85p	
(vanilla, caramel, hazelnut)		

latte -	£2.85
flat white -	£2.85
macchiato -	£2.25
espresso -	£1.95
hot chocolate -	£2.95
whipped cream -	35p

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Fresh Mint, Lemon, Ginger - with hot water - £2.50
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Tea Leaf Infusions – all our teas are served in a pot -	£2.50
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English Breakfast, White Pear and Ginger, Sapphire Earl Grey, Egyptian Mint, Dragonwell Green, Organic Jasmine, Citrus Chamomile, Persian Pomegranate, Decaff English Breakfast, Redbush.

Gelato

1 scoop served in small cup or cone	£2.25
2 scoops served in large cup or cone	£3.75
additional scoops GRE	E1.50